

Coaching Essentials (CE)

January 22 - March 12, 2026
Thursdays
4:00 - 5:30 pm ET
Register by January 2, 2026

April 15 - June 3, 2026
Wednesdays
11:00 am - 12:30 pm ET
Register by April 1, 2026

August 19 - October 7, 2026
Wednesdays
4:00 - 5:30 pm ET
Register by August 5, 2026

Strengths-Based Coaching (SBC)

March 31 - April 28, 2026
Tuesdays
11:00 am - 12:30 pm ET (1st class 2 hours)
Register by March 17, 2026

July 28 - August 25, 2026
Tuesdays
11:00 am - 12:30 pm ET (1st class 2 hours)
Register by July 14, 2026

Brain-Based Coaching (BBC)

June 1 - July 6, 2026
Mondays
2:30-4:00 pm ET
Register by May 18, 2026

September 15 - October 20, 2026
Tuesdays
11:00 am - 12:30 pm ET
Register by September 2, 2026

Life and ADHD Coaching (LAC)

(2025 cohorts) January 15 - February 19, 2026
Thursdays
3:00 - 4:30 pm ET
Register by January 2, 2026

August 27 - October 1, 2026
Thursdays
3:00 - 4:30 pm ET
Register by August 13, 2026

Coach Integration (CI)

(2025 cohorts) March 26 - April 23, 2026 **(graduation!)**
Skip April 2 for Passover
Thursdays
4:00 - 5:30 pm ET
Register by March 12

Oct. 29 - Nov. 19, 2026 **(graduation!)**
Thursdays
4:00 - 5:30 pm ET
Register by October 15, 2026

NOTE: Schedule subject to updates

ELECTIVE COURSE SCHEDULE

Coaching Skills Lab (CSL)

*CE is a prerequisite

Inquire if interested - the course will be
scheduled to accomodate registrants and will
then be promoted to others.

Cultivating Coaching Courage (CCC)

*CE and SBC are prerequisites

February 3, - March 10, 2026
Tuesdays
11:00 am - 12:30 pm ET
Register by January 20, 2026

August 25, - September 29, 2026
Tuesdays
6:00 - 7:30 pm ET
Register by August 11, 2026

Client Enrollment: Best Practices (CEBP)

*CE and SBC are prerequisites

July 29, August 12 and 26, 2026
Wednesdays
1:00 - 2:30 pm ET
Register by July 14