

## Coaching Essentials (CE)

January 22 - March 12, 2026  
Thursdays  
4:00 - 5:30 pm ET  
Register by January 2, 2026

April 15 - June 3, 2026  
Wednesdays  
11:00 am - 12:30 pm ET  
Register by March 25, 2026

September 23 - November 11, 2026  
Wednesdays  
4:00 - 5:30 pm ET  
Register by August 28, 2026

## Strengths-Based Coaching (SBC)

March 31 - April 28, 2026  
Tuesdays  
11:00 am - 12:30 pm ET (1<sup>st</sup> class 2 hours)  
Register by March 17, 2026

July 28 - August 25, 2026  
Tuesdays  
11:00 am - 12:30 pm ET (1<sup>st</sup> class 2 hours)  
Register by July 14, 2026

## Brain-Based Coaching (BBC)

June 1 - July 6, 2026  
Mondays  
2:30-4:00 pm ET  
Register by May 18, 2026

September 15 - October 20, 2026  
Tuesdays  
11:00 am - 12:30 pm ET  
Register by September 2, 2026

## Life and ADHD Coaching (LAC)

(2025 cohorts) January 15 - February 19, 2026  
Thursdays  
3:00 - 4:30 pm ET  
Register by January 2, 2026

August 27 - October 1, 2026  
Thursdays  
3:00 - 4:30 pm ET  
Register by August 13, 2026

## Coach Integration (CI)

(2025 cohorts) March 26 - April 23, 2026 **(graduation!)**  
Skip April 2 for Passover  
Thursdays  
4:00 - 5:30 pm ET  
Register by March 12

Oct. 29 - Nov. 19, 2026 **(graduation!)**  
Thursdays  
4:00 - 5:30 pm ET  
Register by October 15, 2026

**NOTE: Schedule subject to updates**

## ELECTIVE COURSE SCHEDULE

### Coaching Skills Lab (CSL)

\*CE is a prerequisite

February 4, 11, 18, and 25, 2026  
Wednesdays, 1:00 - 3:00 pm ET  
Register by January 21

Summer/fall dates TBD and  
based upon demand

### Cultivating Coaching Courage (CCC)

\*CE and SBC are prerequisites

February 3, - March 10, 2026  
Tuesdays  
11:00 am - 12:30 pm ET  
Register by January 20, 2026

August 25, - September 29, 2026  
Tuesdays  
6:00 - 7:30 pm ET  
Register by August 11, 2026

### Client Enrollment: Best Practices (CEBP)

\*CE and SBC are prerequisites

July 29, August 12 and 26, 2026  
Wednesdays  
1:00 - 2:30 pm ET  
Register by July 14