

ACC-Level Re-Certification Requirements 2023



COC Certified Organizer Coach

CPC Certified Productivity Coach

40 Hours
of
Coach
Training

24 hours *minimum* of Coaching Core Competency ('coach-specific') training

- ◆ Include at least one of these advanced coaching courses -- suggested options bolded.
Graduate Coach Practicum (formerly OCP) ★ *Graduate Coach Practicum (formerly OCP)* ★
Body-Based Coaching ★ *Holistic Time Coaching* ★ *Body-Based Coaching* ★ *Holistic Time Coaching* ★
Coaching the ADHD Client ★ *Coaching the ADHD Client* ★ *ADHD Education* ★
ADHD Education ★ Any course at right → ← Any course at left
- ◆ Your ten required mentor coaching hours (see below) may also be counted as core competency training. (This is only possible on RE-certification applications.)
- ◆ You may earn full core competency credit hours by repeating a CA course (foundation or advanced) completed in an earlier certification cycle.
- ◆ CA courses meet all criteria for coaching core competency training, including mentor/lab-style courses and informal monthly seminars. It is not necessary to stay within the CA program for all training hours.

16 hours *maximum* of Resource Development or 'optional training' hours including:

- ◆ Personal development, marketing or other professional training applicable to a coaching business
- ◆ Training in ADHD (or other brain-based conditions), organizing, productivity, leadership or other subjects which directly or indirectly relate to client populations
- ◆ Communication training which may be used to inform or enhance coaching skills
- ◆ *Self-Study Hours* on topics directly related to core coaching competencies (reading, research, audio books, self-paced distance learning)
- ◆ Creating and presenting a workshop or course based on core coaching competencies

Mentor
Coaching

Ten hours of mentor coaching which meet these requirements:

- ◆ The 10 hours must extend over a minimum of three months.
- ◆ At least three hours must be attained in individual mentor coaching sessions. Up to seven of the ten mentoring hours may be completed in a group mentor course with no more than ten students.
- ◆ Although mentoring criteria is fully met by CA graduate-level mentor/lab-style courses (*Advanced Group Mentor Coaching* or any *Core Competency Intensive*), you may go outside Coach Approach for your mentoring hours in a RE-certification application only – as long as the mentor coach has a current ICF-PCC or MCC credential and coaches within the parameters of ICF mentor coach guidelines. The coaching must focus entirely on strengthening core competency coaching skills (not business skills).

Client
Coaching
Hours

- ◆ 30 total client coaching hours (at least 20 hours must be *Whole-Session Coaching*)
- ◆ Minimum of 25 paid hours
- ◆ Minimum of 3 clients

CNC recertification begins in 2024.
Requirements will be similar.

The associated Coach Approach Training and Institute for Applied Coaching divisions share International Coaching Federation *Accredited Coach Training Program* standing. Individual courses have ICF's *Approved Coach-Specific Training Hours (ACSTH)* status, the highest available for this level of training. As a result, the pathway to an ICF credential will be somewhat expedited and less expensive for a COC/CNC/CPC credential-holder.



Requirements are more specific than this chart allows and subject to change. The application packet for each certification cycle is available January 1st. The application deadline is typically April 1st. Previous-year applications and instructions are indicative and available year-round.