

2023 ACC-Level Credential Requirements



COC
Certified
Organizer Coach

CPC
Certified
Productivity Coach

CNC
Certified
Neurodiversity Coach

Graduation from the Coach Approach Foundation Training Program (5 courses) -- *Coaching Essentials, Strengths-Based Coaching, Brain-Based Coaching, Life & ADHD Coaching and Coach Integration*

Coach-Specific Training

Graduate Coach Practicum includes *Independent Project*
 OR
Body-Based Coaching plus the *Independent Project* (self-study -- register separately)

Graduate Coach Practicum which includes *Independent Project*
 OR
Productivity Coaching plus the *Independent Project* (self-study -- register separately)

Neurodiversity Support & Advocacy plus one of these:
Fostering Mindful Change (ten hours) OR
Body-Based Coaching OR
Coaching the ADHD Client

Mentor Coaching

- All ten required hours may be individual mentoring hours with a qualified CAT mentor coach (at least three must be individual). Seven hours may be from a group mentor/lab-style course.
- The ten mentor coaching hours must extend over no less than three months with approved, ICF-credentialed, CAT mentor coach.
- Mentoring must address the applicant’s coaching core competency skills in support of a strong certification recording.
- For a CNC mentor coaching must be the *Core Competency Intensive: ADHD* or ten individual hours.

Client Hours

- 100 hours whole-session coaching meeting these requirements: at least 80 paid hours and 8 clients – and no more than 20 hours w/ other CAT students
- 15 hours integrated coaching with at least 2 clients

Coaching Proficiency

- A recorded coaching session (30-60 minutes) demonstrating ICF core competencies at a minimum ACC level. *The session submitted for a CNC credential must also demonstrate brain-based coaching.*
- Upload your recording to Raenotes.com; edit the resulting transcript to verbatim quality; ‘share’ with IAC Director; and submit link with application.

Additional Qualifications

- For a COC or CPC proof may include CPO® or CPO-CD® credentials **or** business start-up date, plus summaries of client hours and related training and life experience.
- For a CNC proof may also include experience in neurodiversity-related challenges, advocacy, training and volunteering (e.g., personal history, client demographics, peer education, parent coaching, etc.).

Our program is created, presented and administered by Coach Approach Training (coach curriculum) and the Institute for Applied Coaching (coach credentialing). CAT-IAC is an International Coaching Federation *Accredited Coach Training Program*. As a result, our COC, CPC and CNC programs have ICF’s *Approved Coach-Specific Training Hour* status.



COC/CPC/CNC credentialing criteria meet or exceed those for International Coaching Federation’s Associate Certified Coach. If so inclined, a COC, CPC or CNC coach who also wants an ICF Associate Certified Coach credential will have a somewhat expedited and less expensive ICF application pathway.

Requirements, subject to change, are more specific than this chart allows. The application packet for each certification cycle is available several months before the spring application deadline (typically April 1st). Previous-year applications are indicative and available year-round.