

Required Training for IAC Credentials



		ACC-Level			PCC-Level				
		COC Certified Organizer Coach	CPC Certified Productivity Coach	CNC Certified Neuro-diversity Coach	PCOC Professional Certified Organizer Coach	COLC Certified Organizer Life Coach	CAOC Certified ADHD Organizer Coach	CAPC Certified ADHD Productivity Coach	CPLC Certified Productivity Leadership Coach
		Must document 125 coach-specific training hours*							
AE	<i>ADHD Education</i> \$695 Jan-Feb, even years 11.25 hrs						Required	Required	
CAC	<i>Coaching the ADHD Client</i> \$695 summer, odd years 11.25 hrs			This ...			Required	Required	
CCC	<i>Cultivate Coaching Courage</i> \$395 twice a year 11.25 hrs								This or GBAL
FMC	<i>Fostering Mindful Change</i> \$165 1-hour/month 10 hrs			... or this					
CEL	<i>Coaching Effective Leaders</i> \$695 fall, alternate years 11.25 hrs							This ...	Required
PC	<i>Productivity Coaching</i> \$695 early spring 11.25 hrs		Both of these or this	Required
IP	<i>Independent Project (self-study)</i> \$295 every fall	Both of these ...							
BoBC	<i>Body-Based Coaching</i> \$695 spring, every year 11.25 hrs	Both of these or this	Required	Required	Required		
GCP	<i>Graduate Coach Practicum</i> includes the <i>Independent Project</i> \$695 alt-weeks, every fall 11.25 hrs	... or this	... or this		Required	Required			
HTC	<i>Holistic Time Coaching</i> \$695 every-fall 11.25 hrs				Required	Required			
GBAL	<i>Grad. Book Analysis: Leadership</i> \$695 alternate years 11.25 hrs								This or CCC
NSA	<i>Neurodiversity Support & Advocacy</i> \$695 every summer 11.25 hrs			Required			Required	Required	Recommended
GMC, AGMC and various CCIs	<i>Core Competency Intensive: ADHD</i> \$445/845 every spring/summer	This ...	This ...	Required	This ...	This ...	Required	Required	This ...
	Various <i>Mentor-Lab</i> courses 7.5 hrs \$445/845 seasonally AGMC \$595/895	... or one of these	... or one of these		... or one of these	... or one of these			... or one of these
	International ADHD Conference (CHADD/ADDA/ACO, early Nov)			Recommended			Recommended	Recommended	

*125 Coach Approach coach-specific training hours are required to apply for our PCC-level credentials. This total is met with core foundation courses, plus the credential-mandated advanced courses, and enough *elective hours* to reach 125 hours. Elective options include: ★ Additional advanced course(s) ★ Extra advanced mentor-lab course(s) ★ *Coaching Skills Labs* (taken pre-graduation) ★

Mentor-Lab courses (GMC, AGMC and the various CCIs) meet for 7.5 hours of training (“group mentor coaching”). You may register for the course plus three individual coaching hours (“Option 2”) to meet the 10-hour mentor requirement. Ten hours of individual (one-on-one) mentor coaching with a qualified CAT mentor coach is an alternate for any mentor lab requirement.

See also → *PCC-level Credential Requirements* ★ *ACC-level Credential Requirements* ★ *CAT-IAC Credential to ICF ACC or PCC* ★ Coach credentialing also requires proof of coaching competence in a recorded coaching session (2 for PCC-level credentials).