

# Required Training for IAC Credentials



		ACC-Level			PCC-Level					
		COC Certified Organizer Coach	CPC Certified Productivity Coach	CNC Certified Neuro- diversity Coach	PCOC Professional Certified Organizer Coach	COLC Certified Organizer Life Coach	CAOC Certified ADHD Organizer Coach	CAPC Certified ADHD Productivity Coach	CPLC Certified Productivity Leadership Coach	
		Must document 125 coach-specific training hours*								
AE	<i>ADHD Education</i> \$695 Jan-Feb, even years 11.25 hrs						Required	Required		
CAC	<i>Coaching the ADHD Client</i> \$695 summer, odd years 11.25 hrs			This ...			Required	Required		
CCC	<i>Cultivate Coaching Courage</i> \$395 twice a year 11.25 hrs								This or GBAL	
FMC	<i>Fostering Mindful Change</i> \$165 1-hour/month 10 hrs			... or this						
CEL	<i>Coaching Effective Leaders</i> \$695 fall, alternate years 11.25 hrs							This ...	Required	
PC	<i>Productivity Coaching</i> \$695 early spring 11.25 hrs		Both of these ...					... or this	Required	
IP	<i>Independent Project (self-study)</i> \$295 every fall	Both of these ...								
BoBC	<i>Body-Based Coaching</i> \$695 spring, every year 11.25 hrs	Both of these ...		... or this	Required	Required	Required			
GCP	<i>Graduate Coach Practicum</i> includes the <i>Independent Project</i> \$695 alt-weeks, every fall 11.25 hrs	... or this	... or this		Required	Required				
HTC	<i>Holistic Time Coaching</i> \$695 every-fall 11.25 hrs				Required	Required				
GBAL	<i>Grad. Book Analysis: Leadership</i> \$695 alternate years 11.25 hrs								This or CCC	
NSA	<i>Neurodiversity Support &amp; Advocacy</i> \$695 every summer 11.25 hrs			Required			Required	Required	Recom- mended	
GMC, AGMC and various CCIs	<i>Core Competency Intensive: ADHD</i> \$445/845 every spring/summer	This ...	This ...	Required	This ...	This ...	Required	Required	This ...	
	Various <i>Mentor-Lab</i> courses 7.5 hrs \$445/845 seasonally AGMC \$595/895	... or one of these	... or one of these		... or one of these	... or one of these			... or one of these	
	International ADHD Conference (CHADD/ADDA/ACO, early Nov)			Recom- mended			Recom- mended	Recom- mended		

\*125 Coach Approach coach-specific training hours are required to apply for our PCC-level credentials. This total is met with core foundation courses, plus the credential-mandated advanced courses, and enough *elective hours* to reach 125 hours. Elective options include: ★ Additional advanced course(s) ★ Extra advanced mentor-lab course(s) ★ *Coaching Skills Labs* (taken pre-graduation) ★

Mentor-Lab courses (GMC, AGMC and the various CCIs) meet for 7.5 hours of training (“group mentor coaching”). You may register for the course plus three individual coaching hours (“Option 2”) to meet the 10-hour mentor requirement. Ten hours of individual (one-on-one) mentor coaching with a qualified CAT mentor coach is an alternate for any mentor lab requirement.

See also → *PCC-level Credential Requirements* ★ *ACC-level Credential Requirements* ★ *CAT-IAC Credential to ICF ACC or PCC* ★ Coach credentialing also requires proof of coaching competence in a recorded coaching session (2 for PCC-level credentials).