



REGISTRATION

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2024 Advanced Coach Training Schedule

This is the graduate-level curriculum of our *ICF Accredited Coach Training Program*, which supports eight distinct coaching credentials for foundation program graduates. Except where noted, advanced courses are also open to coaches trained in other programs who have at least 60 hours of comprehensive coach training & 75 paid client coaching hours. Take courses in any order. **Neurodiversity & ADHD coaching strategies are intrinsic to each course** (even if *ND* or *ADHD* is not in the title).

Intensive Six-Week Courses

with Skills Building Groups (listed chronologically)

ADHD Education: Knowledge is Power!

- ★ Ari Tuckman, PsyD & Denslow Brown, MCC ★ **even years**
- 6 Fridays, Feb 2—Mar 8, 2024 ★ **Register by January 19**
- ★ 1-2:30 pm ET (10-11:30 am PT)

Coaching Effective Leaders: Inspiring Change

- Ellen Faye, CPLC, PCC ★ 6 Thursdays, Feb 22—Mar 28, 2024
- ★ Noon-1:30 pm ET (9-10:30 am PT) ★ **Register by Feb 8**

Productivity Coaching: Awareness, Perspective & Action

- Casey Moore, CPLC, PCC
- ★ 6 Wednesdays, April 17—May 22, 2024 ★
- 1-2:30 pm ET (10-11:30 am PT) ★ **Register by April 3**

Body-Based Coaching: Body Communication & Intuition

- ★ Diane Thomson, CAPC, PCC ★ **every year**
- 6 Thursdays, May 16—June 20, 2024
- 2:30-4:15 pm ET (11:30 am -1:15 pm PT) ★ **Register by May 2**

Cultivate Coaching Courage: Self-Knowledge & Empathy

- ★ Ellen Faye, CPLC, PCC ★ text: Brené Brown's *Dare to Lead*
- 6 Thursdays, June 4—July 9, 2024 ★ **Register by May 21**
- ★ 3-4:30 pm ET (Noon-1:30 pm PT)

Neurodiversity Support & Advocacy ★ **every summer**

- ★ Lee Popiolek, CNC, ACC & Denslow Brown, MCC ★
- 6 Mondays: June 17 & 24; July 15 & 22; Aug 5 & 12, 2024
- note skipped dates ★ 3-4:30 pm ET (noon-1:30 PT) ★ **Reg by Jun 3**

Coaching the ADHD Client ... from Awareness to Action

- Cameron Gott, PCC & Diane Thomson, CAPC, PCC ★ **every fall**
- Sept 5, 12 & 26; Oct 10, 17 & 24, 2024 ★ note skipped dates
- 6 Thursdays, 3-4:45 pm ET (noon-1:45 PT) ★ **Register by Aug 22**

Holistic Time Coaching: Making Life Work for You ★ **yearly**

- Sara Skillen, COLC, PCC ★ 6 Wednesdays, Oct 16-Dec 4, 2024
- ★ skip Nov 13 (Int'l ADHD Conference) and 20 (US Thanksgiving) ★
- 1:30-3 pm ET (10:30 am—Noon PT) ★ **Register by October 2**

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Schedule subject to change ★ 4/2/2024

Graduate Coach Practicum Register for GCP alone or in 2CGP →

- Denslow Brown, MCC ★ **CA graduates only**
- ★ 6 Tuesdays, Sept 24; Oct 8, 22; Nov 5, 19; Dec 3, 2024
- 3-4:30 pm ET (noon-1:30 Pac) ★ **Register by September 10**

2024 Monthly Seminars

Fostering Mindful Change: ADHD coaching w/ AEC Model

- ★ Cameron Gott, PCC ★ 2nd Tuesdays (except Jan and Aug)
- ★ Noon-1 pm ET (9-10 am PT) ★ **Register by Jan 15**

Coaching in Action: Advanced Seminar (for IAC coaches —

- CAT grads may apply)** ★ Denslow Brown, MCC ★ **Reg by Jan 5**
- 3rd Tuesdays (except Nov & Dec) ★ Noon-1pm ET (9-10am PT)

Resource & Individual Development

Client Enrollment: Best Practices ★

- Andrea Sharb, COC, PCC ★ **offered twice a year**
- ★ 3 Fridays, March 8, 22 & April 12, 2024 (note specific dates)
- 1-2:30 pm ET (10-11:30 am PT) ★ **Register by Feb 22**
- ★ 3 alternate Wednesdays, July 31 & August 14 and 28 ★
- 3:30-5 pm ET (12:30-2 pm PT) ★ **Register by July 15**

Independent Project ★ **CA Grads only** ★ **every fall**

- Self-study chosen in collaboration with Denslow Brown, MCC
- ★ Intro class Tuesday Sept 17, 2024 ★ 4:30-5:30 pm ET
- (1:30-2:30 pm PT) ★ Complete by Nov 19 ★ **Reg by Aug 28**

Identity Module ★ **CA Graduates only** ★ **every fall**

- Self-study exploration of one's own history & identities — and their development and impact. Trainer: Denslow Brown, MCC
- ★ Intro Sept 24, 2024 ★ 4:30-5:30 pm ET (1:30-2:30 pm PT)
- Complete by Nov 19 ★ **Register by Sept 15**



The joint CAT-IAC organization is an Int'l Coaching Federation Level 2 Accredited Coach Training Program. As a portion of the approved CAT curriculum, each course qualifies for Continuing Coach Education credits.

→ → → **2CGP: 2-Course Graduate Package**

Providing a smoother payment schedule, the 2CGP includes the **Graduate Coach Practicum (GCP)** and the **Group Mentor Coaching (GMC)** courses (scheduled as complements) ★ **Register by Aug 28**