



Our mentor-lab coaching courses satisfy several important functions for emerging and established coaches. Their over-riding purpose is to strengthen the coaching competence of the coaches present through live coaching sessions and small group discussion.

These courses provide excellent focused and targeted training in coaching skills, methodology, ethics and processes. They also **meet group mentor coaching requirements for certification and**

re-certification applications. Register with Option 2 includes three individual mentor coaching sessions with the trainer to earn the required ten mentor coaching hours.

Designed for our program graduates, coaches trained elsewhere who have 60 hours of comprehensive coach training plus 75 paid client coaching hours are welcome. Only GMC is restricted to CAT graduates. **Neurodiversity & ADHD coaching strategies are intrinsic to each course** whether or not neurodiversity or ADHD is in the title.

Mentor-Lab Courses 2024

Core Competency Intensive: Coaching Mindset — The Mind-Body Presence ★ *most years*

★ Casey Moore, CPLC, PCC ★ 5 Wednesdays, Feb 21; March 6 & 20; April 10 & 24, 2024 ★
3-4:30 pm Eastern (noon-1:30 pm Pacific) ★ **Register by February 9**

Core Competency Intensive: Managing Accountability ★ *for PCC-level coach candidates only*

★ Cameron Gott, PCC ★ 5 alternate Thursdays: April 11 & 25; May 9 & 23; and June 6, 2024 ★
3-4:30 pm Eastern (noon-1:30 pm Pacific) ★ **Register by March 31**

Core Competency Intensive: Evoking Awareness ★ *most years*

★ Casey Moore, CPLC, PCC ★ 5 alternate Wednesdays, Jun 12 & 26; July 10 & 24; Aug 7, 2024 ★
4-5:30 pm Eastern (1-2:30 am Pacific) ★ **Register by June 2**

Core Competency Intensive: ADHD Competencies ★ *required for CNC, CAOC, CAPC* ★ *every year*

★ Cameron Gott, PCC ★ 5 Thursdays: July 11 & 18 and August 8, 15 & 22, 2024
3-4:30 pm Eastern (noon-1:30 pm Pacific) ★ **Register by June 30**

Group Mentor Coaching ★ *for CAT Graduates only* ★

★ Casey Moore, CPLC, PCC ★ 5 Wednesdays, Nov 13 & Dec 11 (2024), Jan 8 & 22, Feb 12 (2025) ★
4-5:30 pm Eastern (1-2:30 pm Pacific) ★ Note specific meeting dates! ★

Register by Oct 3 for GMC alone — or by Aug 28 in the 2-Course Graduate Package with the Graduate Coach Practicum



The entire CAT-IAC organization is an Int'l Coaching Federation Level 2 Accredited Coach Training Program. As a portion of the approved CAT curriculum, each course qualifies for Continuing Coach Education credits.

CoachApproachTraining.com ★ 417-683-1064 ★

©2023-4 Coach Approach Training ★ Schedule subject to change ★ 4/17/2024

[Learn more about these courses](#) ★ [Register](#)