

# Required Training for IAC Credentials

## INSTITUTE for APPLIED COACHING

CAT-IAC is an ICF Level 2 Coach Training Organization

Coach Approach Training provides coaching courses; IAC administers and awards coaching credentials.

www.CoachApproachTraining.com



		ACC-Level			PCC-Level				
		COC Certified Organizer Coach	CPC Certified Productivity Coach	CNC Certified Neuro-diversity Coach	PCOC Professional Certified Organizer Coach	COLC Certified Organizer Life Coach	CAOC Certified ADHD Organizer Coach	CAPC Certified ADHD Productivity Coach	CPLC Certified Productivity Leadership Coach
					Must document at least 125 CAT coach-specific training hours*				
AE	<i>ADHD Education</i> \$695 Jan-Feb, even years 11.25 hrs						Required	Required	
CIA	<i>Coaching In Action (cred. coaches)</i> \$195 1-hour/month 10 hrs								
CAC	<i>Coaching the ADHD Client</i> \$695 summer, odd years 11.25 hrs			This ...			Required	Required	
CCC	<i>Cultivate Coaching Courage</i> \$395 twice a year 11.25 hrs								This or GBAL
FMC	<i>Fostering Mindful Change</i> \$195 1-hour/month 10 hrs			... or this					
CEL	<i>Coaching Effective Leaders</i> \$695 fall, alternate years 11.25 hrs							This ...	Required
PC	<i>Productivity Coaching</i> \$695 early spring 11.25 hrs		Both of these ...					... or this	Required
IP	<i>Independent Project (self-study)</i> \$295 every fall	Both of these ...							
BoBC	<i>Body-Based Coaching</i> \$695 spring, every year 11.25 hrs	Both of these ...		... or this	Required	Required	Required		
GCP	<i>Graduate Coach Practicum (includes IP)</i> \$695 alt-weeks, every fall 11.25 hrs	... or this	... or this		Required	Required			
HTC	<i>Holistic Time Coaching</i> \$695 every-fall 11.25 hrs				Required	Required			
GBAL	<i>Grad. Book Analysis: Leadership</i> \$695 alternate years 11.25 hrs								This or CCC
NSA	<i>Neurodiversity Support &amp; Advocacy</i> \$795 every summer 11.25 hrs			Required	Recommended	Recommended	Required	Required	Recommended
GMC, AGMC & various CCIs	<i>Core Competency Intensive: ADHD</i> \$445/895 every spring/summer	This ...	This ...	Required	This ...	This ...	Required	Required	This ...
	<i>Various Mentor-Lab courses</i> 7.5 hrs \$445/895 seasonally AGMC \$495/895	... or one of these	... or one of these		... or one of these	... or one of these			... or one of these
	<i>International ADHD Conference</i> (CHADD/ADDA/ACO, early Nov)			Recommended			Recommended	Recommended	

\*125 coach-specific training hours from Coach Approach Training are required to apply for our PCC-level credentials (core foundation courses, plus the credential-mandated advanced courses, and enough *elective hours* to reach 125 hours). Elective options include: ★ Additional advanced course(s) ★ Extra advanced mentor-lab course(s) ★ *Coaching Skills Labs* (taken pre-graduation)

Mentor-Lab courses (GMC, AGMC and the various CCIs) meet for 7.5 hours of training (“group mentor coaching”). You may register for the course plus three individual coaching hours (“Option 2”) to meet the 10-hour mentor requirement. Ten hours of individual (one-on-one) mentor coaching with a qualified CAT mentor coach is an alternate for any mentor lab requirement.

See also → *PCC-level Credential Requirements* ★ *ACC-level Credential Requirements* ★ *CAT-IAC Credential to ICF ACC or PCC* ★ Coach credentialing also requires proof of coaching competence in a recorded coaching session (two for PCC-level credentials).